

# Preparing for your baby's hearing test

Testing is easiest when babies are full, sleepy and feeling well.



Your follow up appointment is:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

## Do's and Dont's

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- Do **NOT** let your baby sleep in the car, testing is more accurate if your baby arrives sleepy then falls asleep right before testing begins
- Do feed your baby as soon as you arrive and sign in for your appointment
- Do bring a blanket to decrease restlessness
- Do dress yourself and your baby comfortably
- If siblings or small children are accompanying you to this appointment, **DO** have another adult or caretaker come along to watch them in the waiting area, baby will need your full attention



ARIZONA DEPARTMENT  
OF HEALTH SERVICES